



## **Adopt-A-Road Safety Guidelines & Pre-Cleanup Checklist**

**THE FOLLOWING IS A LIST OF THE ESSENTIAL THINGS YOU NEED TO REVIEW AND ADDRESS BEFORE EACH LITTER CLEAN-UP EFFORT.**

**SAFETY ~ YOUR SAFETY IS OUR PRIMARY CONCERN. IF SEVERAL WEEKS HAVE PASSED BETWEEN LITTER CLEAN-UPS, OR IF YOU HAVE NEW MEMBERS IN YOUR GROUP, WE STRONGLY SUGGEST THAT EVERYONE REVIEW THE SAFETY VIDEO PROVIDED ON DVD.**

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\_\_\_\_\_ Review Safety Video (DVD)

\_\_\_\_\_ Traffic Control Plan (provided by Snohomish County)

Required but not provided by Snohomish County:

\_\_\_\_\_ Long pants and shirts with sleeves

\_\_\_\_\_ Boots or hard-toed shoes

\_\_\_\_\_ Gloves – leather or canvas

\_\_\_\_\_ Eye protection (safety glasses with ANSI Approved)

Provided by Snohomish County in your Adopt-A-Road kit:

\_\_\_\_\_ Hard Hat

\_\_\_\_\_ High-Visibility Safety Vest

\_\_\_\_\_ High-Visibility Sign

\_\_\_\_\_ Vehicle-Mounted Strobe Light

\_\_\_\_\_ First Aid Kit

\_\_\_\_\_ Orange Flag Markers on Wire Poles (for marking large or hazardous objects)

\_\_\_\_\_ Litter Bags

## **SAFETY GUIDELINES**

- \_\_\_\_\_ Follow the Traffic Control Plan
- \_\_\_\_\_ Wear the hard hat and safety vest at all times
- \_\_\_\_\_ Stay off bridges and rocky, steep, or unstable slopes
- \_\_\_\_\_ Watch for nails, syringes, broken glass, or other sharp objects (set an orange flag marker on wire pole near the object for pick up by county personnel)
- \_\_\_\_\_ Avoid poisonous, noxious or thorny plants
- \_\_\_\_\_ Avoid stray or wild animals, stinging insects, and mosquitoes
- \_\_\_\_\_ Designate one crew member as a look-out
- \_\_\_\_\_ Be prepared for any unexpected behavior by motorists. Never assume a driver sees you.
- \_\_\_\_\_ Walk single file along roadway
- \_\_\_\_\_ Work toward on-coming traffic
- \_\_\_\_\_ Work only during daylight hours and in good weather
- \_\_\_\_\_ Work one side of the road at a time
- \_\_\_\_\_ Do not enter construction areas or utility work zones
- \_\_\_\_\_ Do not go into roadways, median strips, or roundabout islands to remove litter
- \_\_\_\_\_ Do not wear headphones
- \_\_\_\_\_ No horseplay or pranks
- \_\_\_\_\_ Do not stand or jump on guardrails, drainage pipes, or concrete walls.
- \_\_\_\_\_ Do not drink alcohol prior to or while participating in clean-up events.
- \_\_\_\_\_ Avoid overexertion and heat-related problems by drinking water and taking breaks.

## **EMERGENCY PROCEDURES**

\_\_\_\_\_ Know emergency procedures such as the location of the nearest emergency facility and how to quickly summon the police or an ambulance.

\_\_\_\_\_ Report all accidents or injuries to the Crew Leader immediately.

\_\_\_\_\_ Cellular phone, radio, or other form of two-way communication

\_\_\_\_\_ Crew member with valid First Aid Card (recommended)

## **PARTICIPANTS MUST BE 15 YEARS OR OLDER; WITH 1 ADULT FOR EACH GROUP OF 8 UNDER 18 YEARS.**

\_\_\_\_\_ 15 Years or older

\_\_\_\_\_ Adult Supervision

## **CARPOOLING AND PARKING: LIMIT THE NUMBER OF VEHICLES WITHIN YOUR WORK ZONE TO 2.**

\_\_\_\_\_ 1 or 2 cars only

\_\_\_\_\_ Pull vehicles as far off the side of the road as possible.

\_\_\_\_\_ Vehicles should never be parked on the traveled portion of the road.

\_\_\_\_\_ Hazard lights and vehicle-mounted strobe light flashing

## **ITEMS YOU MAY PICK UP AND PLACE IN BAGS**

\_\_\_\_\_ Miscellaneous Paper (newspaper, wrappers, paper cups)

\_\_\_\_\_ Miscellaneous Plastic (bottles, cups, straws, plates, 6-pack rings, food containers)

\_\_\_\_\_ Metal (cans, empty buckets, non-dangerous containers)

\_\_\_\_\_ Clothing or shoes

Please stack the filled bags neatly on the roadside so as not to impede pedestrian traffic or block the view of traffic signs or intersections.

**ITEMS YOU MAY PICK UP AND STACK NEAR THE FILLED BAGS**

\_\_\_\_\_ Various light objects too large to place in bags

**ITEMS YOU SHOULD NOT PICK UP: SET AN ORANGE FLAG MARKER NEAR THE OBJECT FOR PICK UP AND DISPOSAL BY COUNTY PERSONNEL:**

\_\_\_\_\_ Drug Paraphernalia (such as hypodermic syringes, needles, baggies containing unknown substances)

\_\_\_\_\_ Hazardous Materials (such as propane tanks, gas canisters, car batteries, petroleum products, chemicals, paints and solvents, unidentified containers or other known drug-making materials)

\_\_\_\_\_ Dead Animals (wild or domestic on the roadway or County right-of-way)

\_\_\_\_\_ Heavy objects (such as large vehicle parts, engines, appliances)

\_\_\_\_\_ Tires

\_\_\_\_\_ Anything that you believe to be dangerous

\_\_\_\_\_ Private signs found within the county road right-of-way (report the location and description of any private signs on the Participant Roster Form).

**RECYCLING: VOLUNTEER GROUP MAY CHOOSE TO RECYCLE GLASS AND CANS (PROCEEDS MAY BE KEPT BY THE VOLUNTEER GROUP); OR LEAVE RECYCLING ALONG WITH OTHER LITTER FOR SNOHOMISH COUNTY DISPOSAL.**

\_\_\_\_\_ Box for Glass (not provided by county)

\_\_\_\_\_ Box for Cans (not provided by county)

***IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE ADOPT-A-ROAD COORDINATOR AT 425.388.3137, DURING REGULAR BUSINESS HOURS.***