

## Self Sufficiency Scales Instructions

### SELF SUFFICIENCY SCALES

You may select Self Sufficiency Scales from the document entitled “Self Sufficiency Matrix”. The Self Sufficiency Scales represent umbrella statements about conditions or behaviors at each of the five levels from “In-Crisis” to “Thriving”. The “Indicators” column in each scale provides for specific behaviors and/or conditions that fit under the umbrella statements. The indicators are specific to the mission / intent / services that are being proposed.

#### Instructions:

For each of the Self Sufficiency Scales required for the particular need you are addressing, state the behaviors or conditions you will be assessing to determine whether or not the client has progressed up or down the Self Sufficiency Scale.

**TIP:** As you develop your indicators answer these questions to assure your indicators are suitable for the services you are providing and the client you are serving:

1. Is the indicator related to the umbrella statements at each of the five levels from “In Crisis” to “Thriving”? *(It should be.)*
2. Is the indicator measurable? If so, how will you measure it?
3. Are you measuring the same behavior / condition at each of the five levels? *(You should be.)*