

Inclusive Recreation and Leisure

Targeted Outcomes

- Facilitate partnerships between developmental disabilities services, recreation / leisure organizations and families.
- Work collaboratively with recreation and leisure agencies to assure accessibility and access to recreation and leisure opportunities.
- Provide training and consultation.

2009 Outcomes

The Coalition for Inclusive Communities, a group of individuals committed to promoting more inclusive recreation and leisure opportunities on behalf of individuals with developmental disabilities, continued to meet throughout the year.

- Fourteen Snohomish County KIT Trainers provided training in the following modules
 - **Introduction to Inclusion**
Provides overview including: history of support for individuals with disabilities (medical model vs. empowerment mode), Person-first language and the philosophy and benefits of inclusion.
 - **Respectful Accommodations**
Provides overview of the philosophy of inclusion and insight into what constitutes a “respectful accommodation”. Specific examples of accommodations for individuals with various disabilities are included.
 - **Supporting Positive Behavior**
Focuses on ways to prevent negative behaviors before they occur and how to create environments that offer positive behavior support to individuals with behavioral challenges.
 - **Partnering with Families**
Learn ways to successfully communicate develop positive relationships with families and receive tools to deal with challenges that may arise.
- KIT trainers provided trainings to 279 people between October 2008 and December 2009. Individuals participating in the training included child care providers, parks and recreation staff, YMCA, families and community members.

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