



**Snohomish County**  
**Aaron Reardon**  
*County Executive*

## **Media Advisory – Feb. 6, 2009**

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### **County presents free memory/forgetfulness seminar**

Many people worry about memory lapses and forgetfulness, and while much forgetfulness is normal, there are warning signs for more serious memory loss.

Snohomish County Long Term Care and Aging – in partnership with The Everett Clinic, the Alzheimer’s Association and Council on Aging – is offering a free presentation on what is and what is not part of normal forgetfulness. The discussion also will include information about diagnosis and next steps for those with serious concerns.

The program will take place Wednesday, Feb. 25, from 10:30 a.m. to noon at Building 2 of the Compass Health Administrative Offices, 4526 Federal Ave., Everett.

As the local agency on aging, Snohomish County Long Term Care and Aging conducts planning and educational efforts, advocates with and on behalf of older adults in the county and administers federal, state and county funds to provide in-home and community-based services.

Registration for this program is available by contacting Joyce Frasu at 425-388-7377 or [j.frasu@snoco.org](mailto:j.frasu@snoco.org).

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